

# SAMEER NAGDA, MD

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WEB SITES: [WWW.ANDERSONCLINIC.COM](http://WWW.ANDERSONCLINIC.COM),  
[WWW.SAMEERNAGDAMD.COM](http://WWW.SAMEERNAGDAMD.COM)

## POSTGRADUATE TRAINING

- 2005-2006 Kerlan Jobe Orthopaedic Clinic, Los Angeles CA.  
Fellowship in Orthopaedic Sports Medicine
- 2001-2005 Hospital of the University of Pennsylvania, Philadelphia, PA.  
Residency in Orthopaedic Surgery
- 2000-2001 Hospital of the University of Pennsylvania, Philadelphia, PA.  
Internship in General Surgery and Orthopaedic Surgery

## EDUCATION

- 2018-2019 Harvard Medical School/Harvard Business School  
Surgical Leadership Program
- 1996– 2000 Rosalind Franklin Univ. of Medicine and Science/The Chicago Medical  
School, Chicago, IL.  
M.D. *Alpha Omega Alpha*
- 1990-1995 University of California, Los Angeles, Los Angeles, CA.  
B.S. in Psychobiology, *Cum Laude*

## LICENSURE

Virginia, Washington DC, Maryland – Active  
Pennsylvania, California, Nevada – Inactive

## HONORS AND AWARDS

- 2019 FIFA Women's World Cup Champion, Team USA – Team Physician
- 2018-22 Northern Virginia Magazine – Top Doctors Award
- 2017-22 Washingtonian Magazine – Top Doctors Award
- 2016 United States Olympic Team – Team Physician
- 2013 SuperDoctors 2013 Rising Stars in Orthopaedic Surgery – Washington  
Post Magazine
- 2012 Healthgrades.com – Patient Recognition Award
- 2012 Best of the AAOS – Paper #487 - Shoulder and Elbow
- 2005 The Neer Award of the American Shoulder and Elbow Surgeons
- 2005 American Academy of Orthopaedic Surgeons – Best Poster Award:  
Shoulder and Elbow

2005 DeForest Willard Award - Outstanding performance by a senior Orthopaedic resident

2005 Eastern Orthopaedic Association Resident/Fellow Research Award

2005 Pennsylvania Orthopaedic Society Resident Research Award

2004 Academic Chief Resident-University of Pennsylvania Department of Orthopaedic Surgery

2003 National Register's Who's Who in Executives and Professionals

2000 Chicago Medical School Dean's Award for outstanding service and performance

1999 Alpha Omega Alpha Medical Honor Society

1993 Golden Key National Honor Society

1990 Mensa International

### **PROFESSIONAL AND COLLEGE TEAM PHYSICIAN EXPERIENCE**

2016-Pres United States Women's National Soccer Team  
Team Physician

2015-2016 United States Men's U-23 National Soccer Team  
Team Physician

2014-2015 Washington Nationals Baseball Team  
Assistant Team Physician

2013-2020 Potomac Nationals Minor League Baseball Team  
Team Physician

2011 NCAA Men's Basketball Championship Second and Third Round  
Tournament  
Event Physician

2010 – 2012 Georgetown University Athletic Department  
Team Physician

2006 - 2008 University of Nevada at Las Vegas Athletic Department  
Team Physician

2006 - 2007 Las Vegas Wranglers Minor League Hockey Team  
Team Physician

2006 - 2008 Las Vegas Gladiators Arena Football Team  
Team Physician

2007 FIBA Basketball Championship of the Americas 2007 – Las Vegas, NV  
Orthopaedic Consultant

2007 NBA All Star Weekend 2007 – Las Vegas, NV  
Orthopaedic Consultant

2006, 2007 Association of Volleyball Professionals (AVP) Pro Beach Volleyball  
Tournament; God and Goddess of the Beach, Las Vegas, NV  
Orthopaedic Consultant

2005 - 2006 Los Angeles Lakers Basketball Team  
Assistant Team Physician

2005 - 2006 Los Angeles Dodgers Baseball Team  
Assistant Team Physician

2005 - 2006 Los Angeles Sparks Basketball Team  
Assistant Team Physician

2006 World Baseball Classic – Semifinals, Anaheim, CA  
Assistant Event Physician

2005 - 2006 Los Angeles Galaxy Soccer Team  
Assistant Team Physician

2005 - 2006 Los Angeles Kings Hockey Team  
Assistant Team Physician

2005 - 2006 Anaheim Mighty Ducks Hockey Team  
Assistant Team Physician

2005 - 2006 Los Angeles Avengers Arena Football Team  
Assistant Team Physician

2005 - 2006 University of Southern California Athletic Department  
Assistant Team Physician

2005 - 2006 Loyola Marymount University Athletic Department  
Assistant Team Physician

2005 NCAA Lacrosse Final Four Championship  
Event Physician for Division I, II, and III NCAA Championships

2003 – 2005 University of Pennsylvania Athletic Department  
Assistant Team Physician

### **BOARD CERTIFICATION**

Board Certified as a Diplomate of the American Board of Orthopaedic Surgery  
ABOS Examination Part I, 7/2005: Pass  
ABOS Examination Part II, 7/2008: Pass

Certificate of Added Qualification in Sports Medicine – 2013

Recertification for ABOS and CAQ Sports Medicine - 2017

### **WORK EXPERIENCE**

2008 – Present Anderson Orthopaedic Clinic, Arlington, VA.  
Shoulder Surgery and Sports Medicine

2006 – 2008 ProSport Orthopaedics, Las Vegas, NV  
Orthopaedic Surgery and Sports Medicine

1995-1996 National Genetics Institute, Los Angeles, CA.  
Lab Technician in PCR lab

1992-1995 UCLA Emergency Medicine Center, Los Angeles CA.  
Project Coordinator for Emergency Department Expert Charting  
System Project

## **LEADERSHIP AND FACULTY POSITIONS**

2021-Present	Chief of Shoulder and Elbow Surgery, Inova Health System, VA.
2020-Present	Co-Chair – Stryker Shoulder Fellows Capstone Program
2019-Present	President – Indian American Shoulder and Elbow Surgeons
2018-2021	President – Anderson Orthopaedic Clinic, Arlington, VA
2012-2018	Chief Executive Officer, Harborside Surgery Center, Oxon Hill, MD
2010-Present	Assistant Professor of Clinical Orthopaedic Surgery Department of Orthopaedic Surgery, Georgetown University School of Medicine
2008-Present	Physician Instructor Jackson Clinics Physical Therapy Residency Program and Shoulder Fellowship
2009 – 2010	Volunteer Faculty Department of Orthopaedic Surgery, Georgetown University School of Medicine
2001-2005	Instructor in Orthopaedic Surgery Department of Orthopaedic Surgery, University of Pennsylvania School of Medicine

## **COURSE FACULTY POSITIONS**

2022	Indian Arthroscopy Society Annual Meeting – Invited Visiting Faculty
2022	Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC
2022	Cherry Blossom Orthopaedic Seminar, Washington DC
2021	Cherry Blossom Orthopaedic Seminar, Washington DC
2021	American Shoulder and Elbow Surgeons Residents Course, Chicago, IL
2021	1 <sup>st</sup> Virtual Shoulder Meeting of IASES/SESI/IAS
2021	Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC
2020	Cherry Blossom Orthopaedic Seminar - Virtual
2019	American Shoulder and Elbow Surgeons Residents Course, Chicago, IL
2019	Inova Sports Medicine Symposium – Course Director – Fairfax, VA

2019 Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC

2019 American Academy of Orthopaedic Surgeons Meeting, Las Vegas, NV

2018 Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC

2018 Inova Sports Medicine Symposium – Course Director – Fairfax, VA

2018 American Academy of Orthopaedic Surgeons Meeting, New Orleans, LA

2017 Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC

2017 Inova Sports Medicine Symposium – Course Director – Alexandria, VA

2017 American Academy of Orthopaedic Surgeons Meeting, San Diego, CA

2016 Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC

2016 Inova Sports Medicine Symposium – Course Director – Alexandria, VA

2015 Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC

2015 Inova Sports Medicine Symposium – Course Director – Alexandria, VA

2014 Mid Atlantic Shoulder and Elbow Society Meeting, Washington, DC

2014 Inova Sports Medicine Symposium – Course Director – Alexandria, VA

2013 Mid Atlantic Shoulder and Elbow Society Meeting, Philadelphia, PA

2013 Inova Sports Medicine Symposium – Course Director – Alexandria, VA

2013 AANA Residents Arthroscopic Skills Course, Chicago, IL.

2012 AANA Shoulder Arthroscopy Course, Chicago, IL.

2011 Mid Atlantic Shoulder and Elbow Society Meeting, Washington DC

2011 AANA Residents Arthroscopic Skills Course, Chicago, IL.

2010 AANA Residents Arthroscopic Skills Course, Chicago, IL.

2009 1<sup>st</sup> Biennial Indo-US Shoulder Course, Coimbatore, India

- 2009 Professional Baseball Athletic Trainers Baseball Medicine Course, Washington DC.
- 2009 AANA Residents Arthroscopic Skills Course, Chicago, IL.
- 2006 Depuy Advanced Shoulder Arthroplasty Course, Las Vegas, NV.

**EDITORIAL AND REVIEWER POSITIONS**

- 2014-Pres Reviewer, *The Journal of Shoulder and Elbow Surgery*
- 2013-2023 Reviewer, *The Journal of Bone and Joint Surgery*
- 2005-2008 Reviewer, *Arthroscopy, the Journal of Arthroscopic and Related Surgery*
- 2004-2005 Senior Editor, *The University of Pennsylvania Orthopaedic Journal*
- 2002-2003 Special Projects Editor, *The University of Pennsylvania Orthopaedic Journal*
- 2001-2002 Assistant Editor, *The University of Pennsylvania Orthopaedic Journal*

**ACADEMIC COMMITTEES**

- 2017-2020 American Shoulder and Elbow Surgeons - Political Task Force
- 2016-2021 Executive Committee, Anderson Orthopaedic Clinic, Arlington, VA
- 2015-2019 Program Committee – Shoulder and Elbow, Annual Meeting American Academy of Orthopaedic Surgeons
- 2012 Program Committee – 2012 MASES Meeting Mid-Atlantic Shoulder and Elbow Society
- 2005 Raymond Tronzo Endowed Lectureship Committee University of Pennsylvania Department of Orthopaedic Surgery
- 2004 Faculty Search Committee- Shoulder and Elbow University of Pennsylvania Department of Orthopaedic Surgery
- 2003-2004 Faculty Search Committee- Sports Medicine University of Pennsylvania Department of Orthopaedic Surgery
- 2003-2004 Chair, Resident Selection Programming Committee University of Pennsylvania Department of Orthopaedic Surgery

- 2003-2005 Resident Selection Committee  
University of Pennsylvania Department of Orthopaedic Surgery
- 2003-2005 Core Curriculum and Grand Rounds Committee  
University of Pennsylvania Department of Orthopaedic Surgery
- 2001-2005 Residency Education Committee  
University of Pennsylvania Department of Orthopaedic Surgery
- 2002-2003 ACGME Work Hours Committee  
University of Pennsylvania Department of Orthopaedic Surgery
- 1999-2000 Admissions Interview Committee  
Chicago Medical School

### **PROFESSIONAL SOCIETIES**

- 2019-Present Indian American Shoulder & Elbow Surgeons – Founding Member
- 2012-Present American Shoulder and Elbow Surgeons – Active Member
- 2011-Present Mid-Atlantic Shoulder and Elbow Society – Founding member
- 2006-Present American Orthopaedic Society for Sports Medicine
- 2000-Present American Academy of Orthopaedic Surgeons
- 2003-2005 Pennsylvania Orthopaedic Society – Resident Member
- 2001-2005 Philadelphia Orthopaedic Society – Resident Member
- 1996-2000 American Medical Association – Member 1996-2000  
National Delegate, Medical Student Section 1997-1999  
Vice President, Chicago Medical School Chapter 1997-1998

### **MAJOR TEACHING AND CLINICAL RESPONSIBILITIES**

- 2011 – Present Orthopaedic Residency Coordinator  
Inova Mt Vernon Hospital, Alexandria, VA  
- Responsible for coordinating rotation for Orthopaedic residents from Georgetown University
- 2008 – 2016 Resident Shoulder Conference  
Georgetown University Department of Orthopaedic Surgery  
- Co-moderate bi-weekly shoulder conference for residents and medical students.

- 2004-2005            Academic Chief Resident  
University of Pennsylvania Department of Orthopaedic Surgery  
- Elected by department for 1-year term. Responsible for departmental academic calendar and residency issues. Served as liaison between faculty and residents.
- 2004                    Orthopaedic Summer School 2004  
University of Pennsylvania Department of Orthopaedic Surgery  
- Responsible for curriculum and schedule of 10-week course for junior residents.
- 2004                    Orthopaedic Trauma Conference  
University of Pennsylvania Department of Orthopaedic Surgery  
- Responsible for preparing lecture and leading discussion for weekly conference during a six-week period in Sept/Oct, 2004.

## **GRANTS**

Inova Faculty Research Grant – Grant for studying a more anatomic way to perform ulnar collateral ligament reconstruction.

Wright Medical Inc. – Annual grant for studying shoulder replacement implants post-mortem

Orthopaedic Research and Education Foundation – Grant for studying outcomes of Reverse Shoulder Arthroplasty with or without formal physical therapy.

Inova Faculty Research Grant  
Grant for evaluating rotator cuff function during driving.

JBJS Journal Club Grant – Grant for conducting monthly journal club

Frederick Hark Memorial Lectureship Grant of the OREF  
Grant for orthopaedic lecture at the University of Pennsylvania

American Pediatric Society Medical Student Grant  
Grant for research on computer applications in pediatric fever management in the emergency department.  
Mentor: Larry Baraff, MD. UCLA Emergency Medicine Center

## **LECTURES BY INVITATION/ PODIUM PRESENTATIONS**

Bagla S, **Nagda S**, Piechowiak R, Orlando J, Sajan A, Isaacson A. “Results from a United States Investigational Device Study of Adhesive Capsulitis Embolization in the Treatment of Shoulder Pain: The Adhesive Capsulitis Embolization Study.” Presented at the Indian Arthroscopy Society Meeting, 2022. Coimbatore, India.

**Nagda S**, Michaelson E, Wiesel B, Siedlarz B, Sethi P, Murthi A, Lutton D. “Accuracy of Telemedicine in the Evaluation of Patients with New Shoulder Complaints.” Presented at the Indian Arthroscopy Society Meeting, 2022. Coimbatore, India.

Chang E, Le A, Looney A, Colantonio D, Roach W, Helgeson M, Clark D, Fredericks D, **Nagda S**. “Biomechanical Comparison of Anatomic Restoration of the Ulnar Footprint vs Traditional Ulnar Tunnels in Ulnar Collateral Ligament Reconstruction.” Presented at the American Orthopaedic Society for Sports Medicine Specialty Day, Chicago 2022.

Chang E, Le A, Looney A, Colantonio D, Roach W, Helgeson M, Clark D, Fredericks D, **Nagda S**. “Biomechanical Comparison of Anatomic Restoration of the Ulnar Footprint vs Traditional Ulnar Tunnels in Ulnar Collateral Ligament Reconstruction.” Presented at the American Shoulder and Elbow Surgeons Specialty Day, Chicago 2022.

**Nagda S**, Michaelson E. Frozen Shoulder: What is it and What Can We Do About It? Presented at the STREAM Interventional Radiology Meeting, Washington, DC, 2021.

**Nagda S**, Michaelson E, Wiesel B, Siedlarz B, Sethi P, Murthi A, Lutton D. Accuracy of Telemedicine in the Evaluation of Patients with New Shoulder Complaints. Presented at the Kerlan Jobe Annual Alumni Meeting, Virtual 2021.

**Nagda S**. Lessons Learned from the Road I’ve Travelled. Presented as the Keynote address of the International Congress of Future Medical Professionals. Virtual 2021.

**Nagda S**. Implant Design, Stem Choices, Stemless, and Newer Glenoid Implants and the Impact of Badly Deformed Glenoids. Presented at the Cherry Blossom Seminars, Nationals Harbor, MD. 2019.

**Nagda S**. Treatment Options for Failed Shoulder Arthroplasty. Presented at the Cherry Blossom Seminars, National Harbor, MD. 2019.

**Nagda S**. Overview on the management of shoulder instability, Presented at the Georgetown University Resident Lecture Series, 2018.

**Nagda S**. Osteoarticular Allograft for the Management of Chondral Defects of the Knee. Presented at the Inova Sports Medicine Symposium, 2017.

**Nagda S**. Muscle Injuries Around the Shoulder: Play, Fix Later, or Fix Now? Presented at the Inova Sports Medicine Summit 2016, Washington DC.

**Nagda S.** Reverse Shoulder Arthroplasty. The Gamechanger. Presented at the Anderson Orthopaedic Clinic Annual Alumni Meeting 2015, Cancun Mexico.

**Nagda S,** Paulus M, Bierman L, Fitzpatrick K, Wiesel B. "EMG Analysis of Rotator Cuff Function During Driving" Presented at the Open Meeting of the American Shoulder and Elbow Surgeons 2015, Las Vegas, NV.

**Nagda S,** Paulus M, Bierman L, Fitzpatrick K, Wiesel B. "EMG Analysis of Rotator Cuff Function During Driving" Presented at the Kerlan Jobe Alumni Sports Medicine Conference 2014, Seattle, WA.

**Nagda S.** "Diagnosis and Management of Shoulder Instability" Presented at the Inova Sports Medicine Symposium 2012, Alexandria, VA

**Nagda S,** Edgar R. "Management of SLAP Tears, Why Tenodesis is Better" Presented at that Virginia Orthopaedic Society, Annual Meeting, 2012. Williamsburg, VA.

**Nagda S,** Wiesel B, Abboud J, Edgar R, Garstka J, Sheth N, Foran J. "Patient Perception of Physician Reimbursement in Elective Shoulder Surgery" Presented at the American Academy of Orthopaedic Surgeons Annual Meeting, 2012, San Francisco, CA. Awarded a commendation as the "Best of the AAOS Paper – Shoulder and Elbow"

**Nagda S.** "ACL Reconstruction and Uni-compartmental Knee Replacement: Pearls and Pitfalls." Presented at the Anderson Orthopaedic Research Institute Annual Alumni Meeting, September, 2011. Alexandria, VA.

**Nagda S.** "Proximal Biceps Tendon and Labral Injuries: Current Concepts" Presented at the Inova Sports Medicine Symposium 2011, Alexandria, VA

**Nagda S.** "The Proximal Biceps Tendon: Diagnosis and Management" Presented at the Grand Rounds of the Georgetown University School of Medicine, Department of Orthopaedic Surgery. February 2011.

**Nagda S.** "Surgical Procedures of the Shoulder and Elbow" Presented at the Inova Sports Medicine Symposium 2010, Alexandria, VA.

**Nagda, S.** "Shoulder Injuries in the Overhead Athlete." Presented at the University of Nevada at Las Vegas Sports Medicine Symposium, April 2009. Las Vegas, NV.

**Nagda, S.** "Management and Rehabilitation of Cartilage Injuries." Presented at the Annual Meeting of the Orthopaedic Rehabilitation Association 2008, San Francisco, CA.

**Nagda S.** "Medial Elbow pain in the Overhead Athlete: Diagnosis and Management." Presented at the Inova Sports Medicine Symposium 2008, Alexandria, VA.

**Nagda, S.** "Complications of Shoulder Replacement." Presented at the Annual Meeting of the Nevada Orthopedic Society 2007, Las Vegas, NV.

**Nagda S.** "The Dreaded High Ankle Sprain." Presented at the Arena Football League Annual Team Physicians and Trainers Meeting 2006, Las Vegas, NV.

**Nagda S.** "SLAP Lesions: Etiology, Diagnosis, and Management." Presented at the Annual Meeting of the Nevada Athletic Trainers Association 2006, Las Vegas, NV.

**Nagda S,** Carolan G, Glousman R, Kvitne R, Meeuwisse W. "Shoulder Injuries in the National Hockey League." Presented at the Annual Meeting of the Eastern Orthopaedic Association 2006, Boca Raton, FL.

**Nagda S,** Altobelli G, Brewster C, Bowdry K, Lombardo S. "Cost Analysis of Outpatient ACL Reconstruction." Presented at the 20<sup>th</sup> Annual Kerlan Jobe Alumni Fellows Research Conference 2006, Hershey, PA.

**Nagda S,** Rogers K, Getz C, Ramsey, M, Silverberg, D, Williams G. "Peripheral Nerve Function During Shoulder Arthroplasty Using Intra-operative Nerve Monitoring." Winner of the 2005 Eastern Orthopaedic Association Resident/Fellow Research Award and presented at the Annual Meeting of the Eastern Orthopaedic Association 2005, Cambridge, MD.

**Nagda S,** Rogers K, Getz C, Ramsey, M, Silverberg, D, Williams G. "Peripheral Nerve Function During Shoulder Arthroplasty Using Intra-operative Nerve Monitoring." Winner of the 2005 Charles Neer Award of the American Shoulder and Elbow Surgeons and presented at the Open Meeting of the American Shoulder and Elbow Surgeons 2005, Washington D.C.

**Nagda S,** Rogers K, Getz C, Ramsey, M, Silverberg, D, Williams G. "Monitoring Peripheral Nerve Function During Shoulder Arthroplasty Using Continuous Intra-operative Nerve Monitoring." Winner of the Pennsylvania Orthopaedic Society Resident Research Award and presented at the Spring Meeting of the Pennsylvania Orthopaedic Society 2005, Orlando, FL.

**Nagda S,** Rogers K, Getz C, Ramsey, M, Silverberg, D, Williams G. "Peripheral Nerve Function During Shoulder Arthroplasty Using Continuous Intra-operative Nerve Monitoring." Presented at the 3rd International Conference on Shoulder Arthroplasty 2005, Paris, France.

**Nagda S**, Rogers K, Getz C, Ramsey, M, Silverberg, D, Williams G. "Monitoring Peripheral Nerve Function During Shoulder Arthroplasty Using Continuous Intra-operative Nerve Monitoring." Presented at the Closed Meeting of the American Shoulder and Elbow Surgeons 2004, New York, NY.

Sodha S, **Nagda S**, Lackman RD, Donthineni R. "Gamma Probe Assisted Biopsy of Suspected Rib Lesions." Presented at the Musculoskeletal Tumor Society Annual Meeting 2002. Toronto, Canada.

Schriger D, Day F, Hoang L, Ouk S, **Nagda S**, Baraff L. "The Efficacy of a Guideline Based Computer Charting System for Documentation of Low Back Pain ED Cases." Presented at the American College of Emergency Physicians Research Forum 1995, San Francisco, CA.

**Nagda S**, Schriger D, Baraff L, Hassanvand M. "The Presentation of Literature Based Clinical Guidelines Via a Computer Charting System." Presented at the Society for Academic Emergency Medicine Annual Meeting 1994, Washington D.C.

Schriger D, Day F, Hassanvand M, Cretin S, **Nagda S**, Baraff L. "The Effect of a Computerized Guideline Charting System on the Emergency Care of Health Care Workers Exposed to Body Fluids." Presented at the Society for Academic Emergency Medicine Annual Meeting 1994, Washington D.C.

## **POSTER PRESENTATIONS**

**Nagda S**, Churchill R, Conroy, C, Savoia D, Bauer T, Garrigues G, Jamgochian G, Abboud J. "Value in Elective Rotator Cuff Repair and Shoulder Replacement: The Patients Perspective" Presented at the Annual Meeting of the American Academy of Orthopaedic Surgeons 2018. New Orleans, LA.

**Nagda S**, Churchill R, Savoia D, Bauer T, Garrigues G, Jamgochian G, Abboud J. "Value of Rotator Cuff Repair and Shoulder Replacement: The Patients Perspective" Presented at the Closed Meeting of the American Shoulder and Elbow Surgeons 2017. New Orleans, LA.

**Nagda S**, Paulus M, Bierman L, Fitzpatrick K, Wiesel B. "EMG Analysis of Rotator Cuff Function During Driving" Presented at the Annual Meeting of the American Academy of Orthopaedic Surgeons 2015, Las Vegas, NV.

**Nagda S**, Wiesel B, Abboud J, Edgar R, Garstka J, Sheth N, Foran J. "Patient Perception of Physician Reimbursement in Elective Total Shoulder Replacement and Rotator Cuff Repair" Presented at the Virginia Orthopaedic Society Annual Meeting 2012, Williamsburg, VA.

**Nagda S**, Altobelli G, Brewster C, Bowdry K, Lombardo S. “Cost Analysis of Outpatient ACL Reconstruction.” Presented at the American Academy of Orthopaedic Surgeons Annual Meeting 2007, San Diego, CA.

Mehta S, **Nagda S**, Yagnik G, Rogers, K, Ebaugh D, Sennett B, Williams G. “Evaluation of the Functional Range of Motion in the Shoulder.” Presented at the American Academy of Orthopaedic Surgeons Annual Meeting 2006, Chicago, IL.

**Nagda S**, Rogers K, Getz C, Ramsey, M, Silverberg, D, Williams G. “Peripheral Nerve Function During Shoulder Arthroplasty Using Intra-operative Nerve Monitoring.” Winner of the Best Shoulder and Elbow Category poster and presented at the American Academy of Orthopaedic Surgeons Annual Meeting 2005, Washington D.C.

Donthineni R, **Nagda S**, Vannozzi B, Lackman R. “Enchondromas- Patterns of Referral and Outcomes of 150 cases.” Presented at the American Academy of Orthopaedic Surgeons Annual Meeting 2004, San Francisco, CA.

Donthineni R, Vannozzi B, **Nagda S**, Lackman R. “Enchondromas- Patterns of Referral and Outcomes.” Presented at the Musculoskeletal Tumor Society Annual Meeting 2003. Chicago, IL.

**Nagda S**, Schriger D, Kulasingam S, Baraff L. “The Effect of a Guideline Based Computer Charting System on ED Charges for Health Care Workers.” Presented at the American College of Emergency Physicians Research Forum 1995, San Francisco, CA.

## **BOOK CHAPTERS**

Churchill R, **Nagda S**. “Plate Fixation of Clavicle Fractures” Chapter in Operative Techniques in Shoulder and Elbow Surgery (3<sup>rd</sup> ed), Williams GR Jr., Ramsey ML, Wiesel BB, Namdari, S eds. Philadelphia, PA: Lippincott Williams and Wilkins, 2021.

**Nagda S**, Ciccotti M. “Ulnar Collateral Ligament Reconstructions of the Elbow” Chapter in Operative Techniques in Shoulder and Elbow Surgery (2<sup>nd</sup> ed), Williams GR Jr., Ramsey ML, Wiesel BB eds. Philadelphia, PA: Lippincott Williams and Wilkins, 2016.

**Nagda S**, Sheth N. “Open Reduction and Internal Fixation of Adult Distal Humerus Elbow Fractures” in *Gowned and Gloved – Orthopedics: Introduction to Common Procedures*. Sheth N, Lonner J, Editors. Lippincott, Williams, Wilkins, Philadelphia, PA. 2008, p81-88.

Flynn J, **Nagda S**. "Upper Extremity Injuries" in *Requisites in Pediatrics. Pediatric Orthopaedics and Sports Medicine*. Dormans JP, Editor. Mosby, St. Louis, MO. 2004, p 21-48.

## PEER REVIEWED PUBLICATIONS

Chang E, Le A, Looney A, Colantonio D, Roach W, Helgeson M, Clark D, Fredericks D, **Nagda S**. "Biomechanical Comparison of Anatomic Restoration of the Ulnar Footprint vs Traditional Ulnar Tunnels in Ulnar Collateral Ligament Reconstruction." *Am J Sports Med*. 2022 Apr;50(5):1375-1381.doi: 10.1177/03635465211054475.

Bagla S, **Nagda S**, Piechowiak R, Orlando J, Sajjan A, Isaacson A. "Results from a United States Investigational Device Study of Adhesive Capsulitis Embolization in the Treatment of Shoulder Pain: The Adhesive Capsulitis Embolization Study." *J Vasc Interv Radiol*. 2022 Feb;33(2):177-182. doi: 10.1016/j.jvir.2021.10.031.

Kennedy JS, Reinke EK, Friedman LGM, Cook C, Forsythe B, Gillespie R, **Nagda S**, et al. Protocol for a multicenter, randomised controlled trial of surgeon-directed home therapy vs. outpatient rehabilitation by physical therapists for reverse total shoulder arthroplasty: the SHORT trial. *Arch Physiother* 2021;11(1):28. doi:10.1186/s40945-021-00121-2

Lau BC, Hutyra CA, Gonzalez JM, Mather RC 3<sup>rd</sup>, Owens BD, Levine WN, Garrigues GE, Kelly JD, Kovacevi D, Abrams JS, Cuomo F, McMahon PJ, Kaar S, Dines JS, Miniaci A, **Nagda S**, Braman JP, Harrison AK, MacDonald P, Riboh JC. "Surgical Treatment for Recurrent Shoulder Instability: Factors Influencing Surgeon Decision Making" *J Shoulder Elbow Surg*. 2020 Jul;25:S1058-2746(20)30567-X.

Jamgochian G, Abboud J, Churchill R, Garrigues G, Brockmeier S, Bauer T, **Nagda S**. "The Value of Shoulder Replacement and Rotator Cuff Surgery: The Patients' Perspective." *J Shoulder Elbow Surg*. 2019 Jun 28. pii: S1058-2746(19)30230-7

Abboud JA, Jamgochian GC, Romeo AA, **Nagda S**, Edwards TB, Baumgarten KM, Pinto M, Cordasco FA, Beach W, Bushnell BD, Schlegel T. "A prospective study assessing the political advocacy of American Shoulder and Elbow Surgeons Members." *J Shoulder Elbow Surg*. 2019 Apr;28(4):802-807

Wiesel B, **Nagda S**, Mehta S, Churchill R. "Management of Mid-Shaft Clavicle Fractures in Adults" *J Am Acad Orthop Surg*. 2018 Nov 15;26(22).

**Nagda S**, Wiesel B, Abboud J, Salamone A, Sheth N, Foran J, Garstka J. "Patient Perception of Physician Reimbursement in Elective Total Shoulder Replacement and Rotator Cuff Repair" *J Shoulder Elbow Surg*. 2015 Jan;24(1):106-10.

Wiesel BB, **Nagda S**, Williams GR. "Technical Pitfalls of Shoulder Hemiarthroplasty for Fracture Management" *Orthop Clin North Am* 2013, Jul;44(3): 317-29.

Edgar R, **Nagda S**, Huffman R, Namdari S. "Pulmonary Embolism After Shoulder Arthroscopy" *Orthopaedics*, 2012, Nov;35(11): 1673-6.

Namdari S, Yagnik G, Ebaugh D, **Nagda S**, Ramsey M, Williams G, Mehta S. "Defining Functional Shoulder Range of Motion for Activities of Daily Living" *J Shoulder Elbow*. 2012 Sept; 21(9):1177-83.

**Nagda S**, Rausch D, Noonan T, Yocum L, Cohen S, Ciccotti M. "Latissimus Dorsi and Teres Major Tears in Professional Baseball Players." *Am J Sports Med*. 2011 Oct;39(10):2181-6.

Garrigues G, **Nagda S**, Yu J. "Open Luxatio Erecta: Case Report and Review of the Literature." *J Orthop Trauma*. 2011 Apr;25(4):e34-7.

**Nagda S**, Altobelli G, Bowdry K, Brewster C, Lombardo S. "Cost Analysis of Outpatient ACL Reconstruction: Autograft vs Allograft." *Clin Orthop Relat Res*. 2010 May;468(5):1418-22.

**Nagda S**, Rogers K, Sestokas A, Getz C, Ramsey M, Glaser D, Williams G. "The Neer Award 2005: Peripheral Nerve Function During Shoulder Arthroplasty Using Intra-operative Nerve Monitoring." *J Shoulder Elbow Surg*, 16: S2-8. 2007.

Sodha S, **Nagda S**, Sennett B. "Heterotopic Ossification of the Elbow as a Complication of Elbow Arthroscopy. A Case Report." *Arthroscopy*, 22: 802.e1-3. 2006.

Lamar DL, Freedman K, **Nagda S**, Bartolozzi A. "Thermal Modification of Partial Tears of the Anterior Cruciate Ligament." *Arthroscopy*, 21: 809-14. 2005.

Sodha S, **Nagda S**, Lackman RD, Donthineni R. "Gamma Probe Assisted Biopsy of Suspected Rib Lesions." *Clin Orthop*, 422: 186-9. 2004.

Tamai J, Lou J, **Nagda S**, Ganley T, Flynn J. "Pediatric Elbow Fractures. Pearls and Pitfalls." *Univ of Penn Ortho J*, 15: 43-51, 2002.

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## **PERSONAL**

Interests include Basketball, Swimming, Traveling, and Wine. Fluent in two Indian languages.